

## Southern Central Ma Youth Basketball League

### Rules and Regulations

#### Player Eligibility Grade/Age Rules

10/1/2015

Participants must be in the proper grade for their division.

Division Grade/Age	Must be in Grade	Eligible to participate in division if birthday is on or after the date below
B4 9/10	4th	March 31, 2006
B5 G5 10/11	5th	March 31, 2005
B6 G6 11/12	6th	March 31, 2004
B7 12/13	7th	March 31, 2003
B8 G7/8 13/14	8th	March 31, 2002

\*\*\*\*\*Those players who have stayed back a year may play in their grade with a one (1) year waiver.

ALL DIVISIONS

#### General Rules and Guidelines

<b>Paying Officials</b>	Each team is obligated to pay one official \$40.00 cash PRIOR to the start of their game. Two Board Certified officials will be scheduled for each game. If only one official referees game, then each team is obligated to pay the single official \$30.00 each
<b>Site Administrator</b>	Host sites MUST submit scores of all games played at their host site. Host team is home team/otherwise flip coin.
<b>Game Length</b>	All Divisions: Two (2) 15 minute stopped time halves.
<b>Half Time</b>	All Divisions: 5 Minutes.....overtimes are 3 minutes all divisions
<b>Time-outs</b>	4 per regulation game.....1 additional for each overtime. Timeouts do NOT accumulate.
<b>Player Fouls</b>	Players Disqualified on 5th personal foul.
<b>Bonus Free Throw</b>	1 and 1 on 7th Team foul per half. Automatic 2 free throws on 10th team foul per half.
<b>Clock operator</b>	HOST site MUST provide clock operator for all games played at host site.
<b>Scorekeepers</b>	Each Team MUST provide own scorekeeper for their game. Scorekeepers must sit in same area as clock operator.
<b>4th And 5th grade Defensive RESTRICTIONS</b>	In 4th and 5th grade, no zone defenses allowed in the halfcourt, detailed definition to be distributed to coaches prior to season starting. Applies to 8 1/2 foot hoop games also.
<b>Full Court Press RESTRICTIONS</b>	Full Court pressing is allowed for all divisions for the entire game unless team ahead matches/exceeds point limit specified below for their respective division. <b>B4,G5, B5 and G6 - 8 points; B6 and G7, G8 - 10 points, B7 - 12 points; B8 - 15 points</b> <b>During Playoffs: B4,G5, B5 and G6 - 12 points//////// B6 and G7, G8 - 14 points//////// B7, B8 - 15 points</b> COACHES responsible for monitoring point spreads -NOT OFFICIALS. Coaches should communicate on sidelines when pressing is or is not allowed. When team ahead has exceeded pressing limit, they MUST allow trailing team to advance the ball into the front court uncontested. 1st violation: warning and ball returned to trailing team; 2nd violation: Team Technical. <b>REFEREES JUDGMENT!</b>
<b>Ball Size</b>	B4, B5, B6 and all girls divisions shall use Women's Collegiate Size 28.5. All other divisions shall use Men regulation size basketball.
<b>Free Throw Line</b>	B4 and G5 (when playing 10 foot hoops), B5 and G6 will have white tape placed at 13 1/2 ft. from basket. All free throws must begin from behind regulation line. However, thrower may carry forward on attempted free throw, but can not violate white line before ball hits rim. HOST SITE RESPONSIBLE FOR PLACING WHITE TAPE! Games played on 8 1/2 foot hoops cannot go over line.
<b>Hoop Size</b>	4B and 5G shall play on 8 1/2 foot hoops in split divisions. No 3 pointers for 8 1/2 foot division.
<b>Rules not listed</b>	Should be followed by and enforced in accordance with the current Basketball Year's High School Federation Rules Book.
<b>Registration</b>	Cost per team is determined by number of teams in league.
<b>Insurance</b>	Insurance provided at cost of \$8.00 per player.
<b>Admission</b>	Host sites may charge admission of \$3.00 for adults.
<b>Awards</b>	Playoffs in each division. All divisions will have 4 teams from each division.